

THE
ULTIMATE GUIDE TO
TRAVELING WITH
Baby & Toddlers

INCLUDES:
CARRY ON LIST
BABY PACKING LIST
TODDLER PACKING LIST
MOM PACKING LIST

Traveling with babies and toddlers can be unpredictable. The phrase, "plan for the worst, hope for the best," comes to mind. Here is the plan!



PACKING LIST FOR YOUR *Carry On*

EATING - BABY

- bottles / accessories
- formula / milk
- burp cloths
- ice pack / cooler
- baby food & spoons
- bibs
- puffs / crackers / yogis

EATING - TODDLER

- sippy cup
- crackers
- yogurt melts
- pouches
- choomee tops
- bibs
- snack catchers
- cookies (bribery)
- milk / water
- fruit gummies
(good for air pressure on little ears during take off and landing)

DIAPERING

- changing pad
- diapers (1 per hour)
- wipes
- wash cloths
- baby powder
- mini diaper rash cream
- extra ziplocs
- garbage bag
- extra outfits for baby

ACCESSORIES IN ZIPLOC

- hand sanitizer
- nail file
- Q-tips
- baby tylenol
- thermometer
- tissues
- lip balm
- antibacterial ointment
- calming roller

ENTERTAINING-BABY

- teething toys
- pacifier
- mirror
- new small toys
- iPad
(Bubbles game, Daniel Tiger, PBS Kids app, Ninja Turtles)
- o-ball toys
- favorite small toys
- favorite lovie

ENTERTAINING-TODDLER

- iPad/ kindle
- headphones/ splitter
- favortie small toys
- new small toys
- Indestructibles books
- favorite lovie
- _____
- _____
- _____

MOM STUFF

- nursing cover
- pump / hakkaa
- extra set of clothes
- baby carrier / wrap
- sanitizing wipes
- bag organizing insert
- pacifier wipes
- mini hairbrush
- ltinerary
- reservations
- wallet / ID/ passports

OTHER

- cozy blanket
- muslin blankets
- boppy pillow
- stroller
- _____
- _____
- _____

CARRY ON TRAVELING TIP:

Pre-Pack one diaper, a few wipes and an outfit change into gallon ziplocs for quick & easy changing sessions! We packed 4 of these for a 10 hour flight.



PACKING LIST FOR *Baby*

EATING

- bottles & accessories
- formula / milk
- ice pack / coolers
- bibs
- burp cloths
- bottle brush
- dish soap

BEDTIME

- travel pack n' play
- pack n' play / crib sheet
- muslin blankets
- cozy blanket
- baby monitor
- sound machine
- swaddles
- pacifiers / pacifier wipes

TOYS & GEAR

- small toys
- carseat
- stroller
- pool float
- exersaucer
- baby carrier/ wrap
- portable high chair
- portable activity center

OTHER

- packing squares
- _____
- _____
- _____
- _____

CLOTHES

- onesies/ t-shirts
- dresses
- shorts
- pants
- hoodies
- shoes and socks
- bathing suits/ rash guard
- swim shoes
- sun hat
- sleep sack

BABY CARE

- diapers / swim diapers
- diaper rash cream
- wipes
- hair brush
- nail clippers
- toothbrush
- soap / shampoo
- baby lotion
- towels / rags
- fold- up bathtub

FIRST AID

- baby tylenol
- thermometer
- nasal aspirator
- saline spray
- gas drops
- sanitizing wipes
- sunscreen
- aloe
- bugspray / anti-itch cream
- essential oils

"Actually, the best gift you could have given them was a lifetime of adventures."

-Lewis Carrol



PACKING LIST FOR A Toddler

EATING

- formula / milk
- bibs
- bowls / plates
- sippy cups
- utensils
- choomee tops
- pouches
- favorite snacks
- snack catchers

CLOTHES

- onesies/ t-shirts / dresses
- shorts
- pants
- hoodies
- shoes and socks
- bathing suits
- rash guard
- swim shoes
- sun hat
- sunglasses

BEDTIME

- travel pack n' play
- pack n' play / crib sheet
- cozy blanket
- muslin blanket
- baby monitor
- sound machine
- nightlight
- sleep sack
- bedtime book

TODDLER CARE

- diapers / swim diapers
- diaper rash cream
- wipes
- nail clippers
- hairbrush
- toothbrush
- baby lotion
- soap / shampoo
- bath rinse cup
- towels / rags

TOYS & GEAR

- baby carrier
- carseat
- stroller
- favorite toys
- new toys
- iPad
- pool float
- beach toys
- portable high chair

FIRST AID

- baby tylenol
- thermometer
- nasal aspirator
- saline spray
- band aids
- antibacterial ointment
- sunscreen
- aloe
- bugspray / anri-itch cream
- essential oils

OTHER

- packing squares
- _____
- _____
- _____
- _____
- _____
- _____
- _____

*"In the end, kids won't remember that fancy toy you bought for them. They will remember the time you spent with them."
-Kevin Heath*



PACKING LIST FOR Mom

CLOTHES

- shirts
- shorts
- pants
- dresses
- underclothes
- pajamas
- swimsuits
- coverups
- jacket / sweatshirts
- shoes
- sandals
- sunglasses

MOM STUFF

- breast pump
- haakaa
- nursing cover
- nursing pads
- Boppy Pillow
- nipple ointment

TOILETRIES

- make up
- body wash
- shampoo / conditioner
- haircare essentials
- skincare essentials
- shower essentials
- razor
- toothbrush / toothpaste
- towels
- deodorant
- lip balm
- nail clippers
- glasses / contact lenses
- hairbrush
- hair ties / headbands
- pain reliever
- perscription medicine

IMPORTANT

- reservations
- wallet with ID
- passports
- insurance cards
- cash
- phones / chargers
- camera with memory card
- camera charger

OTHER

- _____
- _____
- _____
- _____
- _____
- _____

