

Vegetable & Herb Seed Starting Chart

Hardiness Zone 6

The following are general recommendations based on a last frost date of May 10. It's best to follow recommendations on individual seed packets for how many weeks prior to May 10 seeds should be started and other specific germination requirements. Starting seeds indoors too early may lead to leggy or hard to manage plants. Planting outdoors in soil that is too cool can set transplants back, cause poor germination or risk frost damage/death. Visit www.ChristineCovinoBlog.com for more details about seed starting!

Plant	Sow Seeds Indoors	Transplant Seedlings into Garden	Direct Sow Outside
Basil	Apr 5	May 20	n/a
Beans	n/a	n/a	May 10- Jun 7
Beets	n/a	n/a	Mar 15 - Mar 29
Broccoli	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Brussel Sprouts	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Cabbage	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Cantaloupe	n/a	n/a	Apr 26- May 10
Carrots	n/a	n/a	Mar 29 - Apr 26
Cauliflower	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Chard	n/a	n/a	Mar 29 - Apr 12
Collards	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Cilantro	Mar 1	Mar 1 - Mar 15	May 15
Corn	n/a	n/a	May 10 -May 24
Cucumbers	n/a	n/a	May 10 -May 24
Dill	n/a	n/a	May 15
Eggplants	Mar 1 - Mar 15	May 10 -May 24	n/a
Gourds, Squash, & Pumpkins	n/a	n/a	May 10 -May 24



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Kale	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Kohlrabi	Mar 1 - Mar 15	Apr 12 - Apr 26	n/a
Lemon Balm	Mar 1	Set containers outside May 15	use container
Lettuce	Mar 1 - Mar 15	Mar 29 - Apr 26	Mar 29 - Apr 26
Mints	Mar 1	Set containers outside May 15	use container
Oregano	Mar 1	May 1 - May 15	May 15
Parsley	Mar 1	May 1 - May 15	May 15
Peas (southern)	n/a	n/a	May 10 - Jun 7
Peas (sugar snap)	n/a	n/a	Mar 11 - Apr 10
Peppers	Mar 1 - Mar 15	May 10 - May 24	n/a
Potatoes	n/a	n/a	Mar 11 - Apr 10
Radishes	n/a	n/a	Mar 26 - May 24
Spinach	Mar 1 - Mar 15	Apr 12 - Apr 26	Mar 26 - Apr 26
Sweet Potatoes	n/a	May 10 - May 31	n/a
Tomatoes	Mar 1 - Mar 15	May 10 - May 24	n/a
Watermelon	n/a	n/a	May 10 - May 24



Flower Seed Starting Chart

Hardiness Zone 6

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Flower	Sow Seeds Indoors	Transplant Seedlings into Garden	Direct Sow Outside
Amaranth	Apr 20	May 20	after May 15
Celosia	Apr 20	May 20	after May 15
Cosmos	Apr 20	May 20	after May 15
Dahlia	n/a	n/a	May 25
Gladiolus	n/a	n/a	May 25
Gomphrena	Apr 20	May 20	after May 15
Marigold	Apr 20	May 20	after May 15
Morning Glory	Apr 20	May 20	after May 15
Nasturtium	Apr 20	May 20	after May 15
Sunflower	n/a	n/a	May 15
Sweet Pea	Mar 15- Apr 1	May 15- May 31	Apr 10- May 10
Zinnia	Apr 20	May 20	after May 15

"Flowers as always a good idea"

"All the flowers of all the tomorrows are in the seeds of today"

"If you have a garden and a library, you have everything you need" - Cicero

